

EIGHT BUCKS BURGER (each)

YOUR CHOICE OF ½ lb., 100% NATURAL CERTIFIED ANGUS BEEF / GRILLED CHICKEN BREAST / GARDEN

burgers grilled medium & served w/ tomato, red onions, lettuce & mayo on a hamburger roll

add small french fries, small garden salad or a cup of soup for: \$1.50 ea. or sweet potato fries \$3 ea.

BASIC BURGER **SEVEN BUCKS**

AVOCADO BACON BURGER

MUSHROOM SWISS BURGER

CHEESE BURGER

choice of cheddar, swiss, blue or mozzarella

CHIPOTLE BURGER

our special chipotle mayo & cheddar

BARBECUE BURGER

topped with caramelized onions

ZINC BURGER

arugula, caramelized onions and feta cheese

SANDWICHES, AQ

GRILLED SALMON BLT *

with mayo on a baguette

GRILLED AHI TUNA*

with lemon aioli daikon sprouts, on american roll

SIX BUCKS SANDWICH (each)

ROMA TOMATO MOZZARELLA

with fresh spinach and basil mayo on focaccia

VEGI

spinach, roasted peppers, with melted mozzarella and sautéed onions with sun dried tomato mayo on focaccia

TOMATO AVOCADO & CHEDDAR

with lettuce and basil mayo on toasted sourdough

FRESH ROASTED TURKEY

with lettuce, tomatoes, mayo and mustard on sourdough

TUNA MELT

with melted swiss, lettuce and tomatoes on rye

SEVEN BUCKS SANDWICH (each)

TURKEY CLUB *

double decker of toasted wheat, ham, bacon, tomatoes, lettuce and mayo

CHICKEN AVOCADO

chicken breast, cheddar cheese, lettuce, tomato and Zebulon sauce on toasted sourdough

BLUE BIRD

chicken breast, bacon, blue cheese, tomato and Zebulon sauce on toasted sourdough

JAMAICAN JERK CHICKEN*

chicken breast, tomato, onions and lettuce on a baguette

CHICKEN TERIYAKI*

bell peppers, onions and lettuce on a baguette

CHICKEN MOZZARELLA MARINARA*

HAM & MELTED CHEDDAR

with tomato, red onions, and Zebulon sauce on toasted sourdough

B.L.T.

the classic with mayo on toasted sourdough

FRIED TILAPIA *

PORTOBELLO*

with mozzarella and pesto sauce

**not available as ½ and ¾*

FRENCH FRIES

three bucks

SWEET POTATO FRIES

five bucks

OFF THE MENU

Please call 415.975.5705 as this section changes daily.

SOUP OF THE DAY

cup: 3 bucks bowl: 4 bucks cup: 3 bucks bowl: 5 bucks

house made vegetarian black bean chili

CHILI

CHILI & HALF SANDWICH OR SALAD seven bucks

bowl of chili served w/ half of a sandwich or half salad

SOUP & HALF SANDWICH OR SALAD seven bucks

bowl of soup served w/ half of a sandwich or half salad

PLATE LUNCH

PAN ROASTED SALMON

eleven bucks

with bbq sauce served with broken corn

PAN FRIED TILAPIA

ten bucks

spicy ginger sauce served with mashed potatoes

MEDITERRANEAN LUNCH PLATE *

nine bucks

black bean falafel, dolmas, hummus, pita bread

VEGETARIAN PESTO LASAGNA *

nine bucks

LOW CARB BURGER OR

CHICKEN PLATE *

ten bucks

2 grilled beef patties topped with cheddar or grilled chicken breast

**served with a side of mixed green salad*

SEVEN BUCKS SALAD (each)

add small french fries or a cup of soup for: \$1.50 ea. or sweet potato fries \$3; add grilled chicken for \$2

CLASSIC CAESAR

NICOISE

greens tossed with balsamic vinaigrette, tuna, potatoes, egg, tomatoes, red onion, anchovies and capers

COBB

greens tossed with our balsamic vinaigrette, topped with chicken, bacon, blue cheese, egg and tomatoes

CHICKEN & GOAT CHEESE

greens tossed with balsamic vinaigrette, goat cheese, sun-dried tomatoes, cucumbers and kalamata olives

MANGO CHICKEN

apples with creamy dressing

BASIC ICEBERG

cucumber, tomato, carrots and ranch dressing

EIGHT BUCKS SALAD (each)

GORGONZOLA

greens tossed with raspberry walnut vinaigrette, topped with crumbled gorgonzola, walnuts, and apples

ZEBULON SHRIMP

grilled shrimp, avocado, mixed greens, tomatoes, cucumber, carrots and house balsamic vinaigrette

ARUGULA

grilled persimmons, tossed with light vinaigrette

WATERCRESS

with grilled apples, served with sesame lime dressing

**FOR YOUR HEALTH BENEFITS
AND GOOD TASTE, HERE ARE
SOME EXAMPLES AND
REASONS WHY WE USE AND
SERVE THE PRODUCTS BELOW**

RICE BRAN OIL

Benefits:

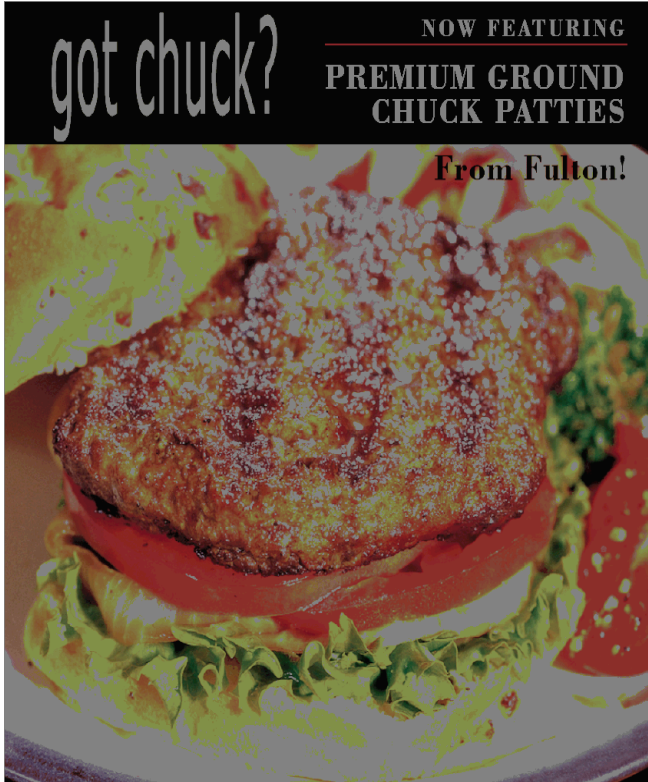
- 100% Natural
- **Trans Fat Free**
- Up to 20% less absorption in prepared foods (Reducing Calories)
- Balanced level of fat for proven cholesterol reduction
- Antioxidants for better health
- GMO Free
- Kosher Certified

Costs:

- Cost 50% more than regular vegetable oil
- We won't pass on the cost to you

WE USE ORGANIC AND LOCALLY SOURCED PRODUCTS

- Your health is important to us
- We'll continue to seek environmentally/healthy alternatives
- We will recycle & compost wherever we can to promote a better environment
- We stopped using Styrofoam products long before it was outlawed in San Francisco



Tastier! We use only Fresh – Never Frozen
NO artificial ingredients-NO ADDED HORMONES-NO
ADDED ANTIBIOTICS- NO ANIMAL BY-
PRODUCTS.

Safer! Our Ground Chuck patties are
Tested daily at an independent laboratory for your safety.

100% FRESH GROUND CHUCK
“NOT A GENERIC GROUND BEEF”

